



MUSIC THERAPY INTERNSHIP FACT SHEET

Address:

Mary Cariola Center
1000 Elmwood Avenue, Suite 100
Rochester, New York 14620
(585) 271-0761
www.marycariola.org

Clients Served:

Setting: MCC is a private non-profit agency serving students with multiple or complex disabilities. Students in the day program come from fifty school districts in ten counties to receive specialized education and therapy.

Populations: Autism, developmental disabilities, multiple physical impairments, traumatic brain injury, behavioral disorders, genetic disorders, language impairments.

Age Range: 3- 21

Internship Experience:

Interns at MCC can expect to gain hands-on experience with students of all ages who have a wide variety of needs and abilities. Interns will be given the opportunity to learn and develop therapeutic skills and techniques alongside five music therapists through the implementation of individual and group sessions, ensembles, and adapted music lessons. Eventually, interns will independently lead 1:1 and group sessions and co-treat with therapists from other disciplines, music therapists, and other interns. In addition to music therapy clinical skills, an intern can expect to gain extensive experience in adaptive communication methods, sensory integration, and behavior management techniques. Over the course of the school year, interns will develop familiarity and comfort executing a wide variety of techniques, which is imperative to the successful implementation of services with the highly diverse needs and abilities of the students served at Mary Cariola; developing these skills has greatly benefited past interns moving into a variety of clinical settings in the professional world.

Mary Cariola Professional Staff:

- Interns will work directly with five music therapists
- Interns will have opportunities to work directly and indirectly with special educators, teacher assistants, speech therapists, physical therapists, occupational therapists, behavior therapists, vision specialists, and social workers

Philosophy of MCC Music Therapy Program:

Music therapy at Mary Cariola Center is delivered as part of an interdisciplinary team approach. Students receive music therapy services in a variety of modalities, including individual, small group, large group, ensemble, and co-treatment sessions with occupational therapy, speech/language therapy, vision, and counseling.

Through the therapeutic application of singing, instrument play, and creative movement, students increase self-awareness and independence while established IEP goals are addressed. Whether a student receives individual, group, or co-treatment services, music therapy provides the opportunity to build skills that help to maximize success across clinical and educational domains. Music therapy sessions at Mary Cariola Center utilize a variety of clinical methodologies, applying techniques that are based on the latest research in the realms of behaviorism, neurologic and physiologic responses to music, sensory processing and integration, clinical improvisation, as well as adaptations of the work of Orff, Dalcroze, and Kodaly. A team approach is highly valued at Mary Cariola Center, and communication and collaboration with interdisciplinary team members is essential to the therapeutic process. This multi-faceted approach to therapy enables the Mary Cariola music therapist to tailor services to address needs holistically.

Other on-site training and educational opportunities:

- Nonviolent Crisis Intervention[®] training: emphasis is on non-physical methods for preventing or managing disruptive behavior
- Informal training on current technological platforms used in education and therapy
- Ongoing and varied in-service and training opportunities throughout the school year on topics such as sensory processing and integration, goal writing and IEP documentation, behavior management, proper lifting techniques and adaptive communication
- Local ORFF workshops offered nearby on three Saturdays per year

Internship Director:

Jennifer Trimble Ford, MM, MS, MT-BC
jford@marycariola.org

Internship dates: Late August to late June (10 months)

Application deadline: Application should be received no later than March 1st

Application can be found at: <https://www.marycariola.org/internships>

Other Information:

Housing: Not provided

Meals: Not provided

Stipend: Not provided

Transportation: Intern must have own transportation for travel between sites

Liability: Intern will need proof of professional liability insurance, either through independent purchase, or by being registered with your academic institution

Health insurance: Intern will need proof of health insurance

Intern will be required to have a drug screening and have a criminal background check done before starting internship (to be completed by our HR department)